



Seeing with the Eyes of Love: Eknath Easwaran on the Imitation of Christ

By Eknath Easwaran

Publishers Group West, United States, 1996. Paperback. Book Condition: New. 2nd edition. 203 x 74 mm. Language: English . Brand New Book. Reflecting on a celebrated passage from The Imitation of Christ - one of the most enduring Christian documents of all time - Eknath Easwaran offers insights into the practical means to make Jesus love come alive in everyday life. This warm, anecdotal book shows us what love is, how to love more effectively, and how to overcome obstacles to loving more fully. Drawing on his wide experience as a teacher of meditation and his intimate knowledge of the Christian mystical tradition, Easwaran gives exhilarating glimpses of what love means to Christian mystics like Augustine, Teresa of Avila, Catherine of Genoa, and others. An essay by Carol Lee Flinders relates the personal story of Thomas a Kempis and a short overview of the flowering of mysticism in the late Middle Ages. Included are brief instructions in eight basic spiritual practices that anyone can use in his or her present context to strengthen the capacity to love.



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