



## The Edible City: Toronto Food from Farm to Fork

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By Christina Palassio, Alana Wilcox

Coach House Books. Paperback. Book Condition: new. BRAND NEW, The Edible City: Toronto Food from Farm to Fork, Christina Palassio, Alana Wilcox, If a city is its people, and its people are what they eat, then shouldn't food play a larger role in our dialogue about how and where we live? The food of a metropolis is essential to its character. Native plants, proximity to farmland, the locations of supermarkets, immigration, food-security concerns, how chefs are trained: how a city nourishes itself might say more than anything else about what kind of city it is. With a cornucopia of essays on comestibles, The Edible City considers how one city eats. It includes dishes on peaches and poverty, on processing plants and public gardens, on rats and bees and bad restaurant service, on schnitzel and school lunches. There are incisive studies of food-safety policy, of feeding the poor, and of waste, and a happy tale about a hardy fig tree. Together they form a saucy picture of how Toronto -- and, by extension, every city -- sustains itself, from growing basil on balconies to four-star restaurants. Dig into The Edible City and get the whole story, from field to fork.



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