



## There s a Troll in a Bowl

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By Patricia David

Star Publishing (San Rafael, CA), United States, 2014. Paperback. Book Condition: New. Robert O Brien (illustrator). 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. There s a Troll in a Bowl, is designed to help the reader grasp a basic understanding of Energy Sound Healing. The characters present the subject matter in a humorous manner with the purpose of involving readers of all ages. Having searched for relief from years of chronic pain, I found Energy Sound Healing most beneficial to the mind, body, and spirit. The practitioner uses crystal singing bowls, Tibetan brass bowls, gongs, didgeridoos, and other instruments, including the human voice, to promote harmony, resonance, and healing. Sound energy permeates every cell of the body. This ancient modality is vastly becoming an integral part of modern medical interventions. Cancer centers, pain centers, and a variety of medical institutions have added this modality to enhance the healing process. Energy Sound Healing can lower blood pressure, promote calmness, reduce, and alleviate pain. So enjoy and let the healing begin.



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