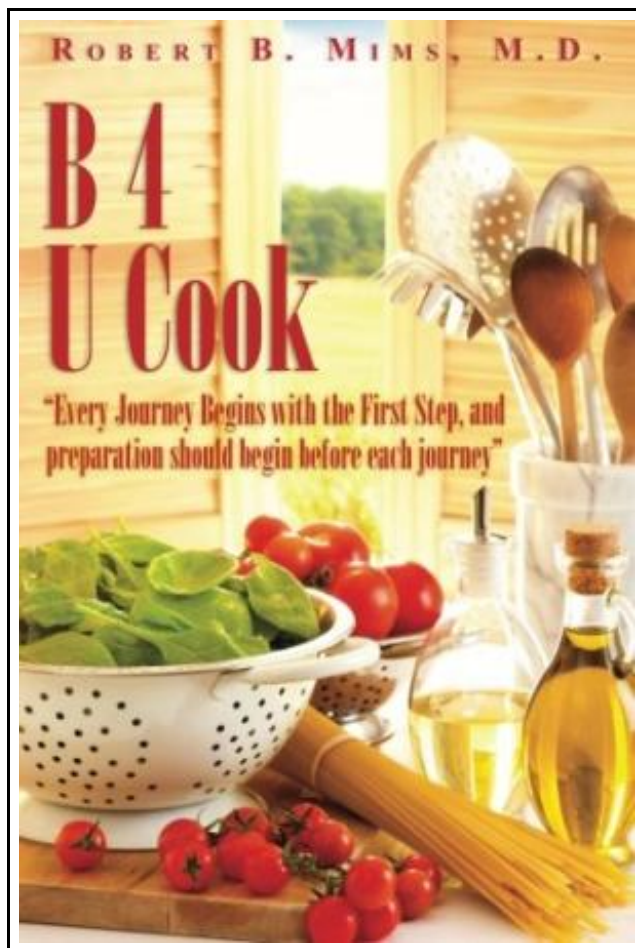


## B 4 U Cook



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## B 4 U COOK



Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I can t cook, at least not yet. So people often remark How can you write a cookbook if you can t cook. Well, when I look at a recipe it seems like it s written in Martian which I don t understand at all. I reasoned that established cooks already speak the cooking language and thinks everyone else understands what they are advising. But we non-cooks don t. Therefore, there is need for information which introduces cooking to people at the beginning stage, i.e. learn the cooking language and tools before they attempt to cook from a recipe. One needs to know a little something about the auto and auto language before driving a car, or likewise fly an airplane, process words on a computer, text messages on a cell phone, do power point, teach a class, do brain surgery, and so on. So why not before you cook? It is with this beginner s concept in mind that I offer my Before You Cook (B4U Cook) for all those out there, young and old, who do not yet cook, but need to know the basic language and some rules of the cooking world. During my lifetime I was lucky to have always lived with excellent cooks, because I cannot cook at all, except maybe to boil water. Now that I am ready to learn to cook I recognized that I did not understand the cooking language, ingredients, recipes, and what to do with all those utensils. Realizing that I needed a more basic starting point before venturing into a kitchen, I was inspired to write this book for beginners, novice, inexperienced, and wannabe cooks. In this...



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