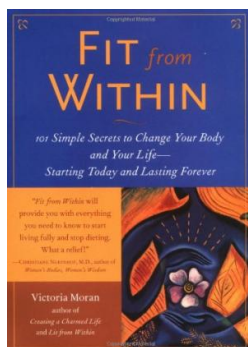


Fit from Within: 101 Simple Secrets to Change Your Body and Your Life--Starting Today and Lasting Forever



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