



Nourishing Body Butter Recipes: Homemade Recipes for Smooth, Glowing Beautiful Skin

By Deborah Smith

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The Emollient Homemade Body Butter Recipes Body butters are calming moisturizers that provide the body with essential and powerful nutrients to keep it smooth, hydrated, glowing and healthy. They are combination of natural butters, natural oils, essential oils and skin benefiting ingredients in defined proportions. The good news about the recipes in Nourishing Body Butter Recipes is the ingredients are readily available and easy to blend. Ingredients include: Butters: shea butter, cocoa butter, macadamia butter, kokum butter, coffee bean butter, mango butter, hemp seed butter and avocado butter. Natural oils: olive oil, castor oil, apricot oil sweet almond oil, jojoba oil, coconut oil and avocado oil Essential oils: tea tree oil, lavender oil, frankincense oil, lemon oil, carrot seed oil sweet orange oil, lime oil, peppermint oil, rosemary and jasmine oil Others include: vanilla bean, vegetable glycerin, tallow, cinnamon, rose petals, cocoa powder and many more. Butters and oils are fantastic skin moisturizers, UV protectors and toners while essential oils give the skin a beautiful glow, treat ailments and renew the mind and body. Are parts of your...



Reviews

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